A/Prof Belinda Beck’s research relates to the effects of mechanical loading on bone, has involved both animal and human models, from basic to clinical research. Her projects have included children, young and older adults, athletes and the military. Her particular focuses have been exercise interventions for the prevention of osteoporosis and fracture, and prevention and management of bone stress injuries.

Belinda Beck graduated from The University of Queensland with a degree in Human Movement Studies (Education) and from the University of Oregon (Eugene, Oregon, USA) with a Master of Science (Sports Medicine) and a PhD (Exercise Physiology). She completed a postdoctoral research fellowship at Stanford University (California) in the School of Medicine. She is currently an Associate Professor in the School of Rehabilitation Sciences at Griffith University, Gold Coast campus.

**AIMSS Seminar**

“Preventing osteoporosis: Exercising our options in childhood”

**Associate Professor Belinda Beck**

School of Rehabilitation Sciences at Griffith University

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**Date:** 4-5pm, Thursday 31st October, 2013

**Venue:** Seminar Room 1&2, first floor, Western Centre for Health, Research and Education (WCHRE) at Sunshine hospital

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